Shona Vas
Submission

The first year anniversary of the September 11, 2001 terrorist attack is likely to rekindle strong emotions in many people. Anniversaries of tragedies can be extremely difficult times. For some, the date is a powerful reminder of loss. For instance, those who lost a loved one will probably grieve intensely again. Rescue workers may relive the exhausting and emotionally draining times following the attack. Many others across the country and the world may feel distressed as they recall how the tragic event touched their lives and consider the potential for future attacks.

Following the events of September 11, 2001, many people experienced a range of normal physical, behavioral, and emotional responses. Some felt exhausted, numb, irritated, or had difficulty sleeping and concentrating. Others felt afraid, nervous, helpless, or sad. The events reminded some people of other times in their lives when they encountered tragedy or violence. For some people, the intensity of their reactions may have been scary, leading them to feel as if they have little control over their emotions and would never recover.

Around 9/11, 2002, and with detailed media coverage of the anniversary, many people may experience some of these reactions. The re-experiencing is called an "anniversary reaction." Anniversary reactions are common and normal for most people and will probably fade as the anniversary passes.

The vast majority of us have the ability to cope with and eventually recover from even sudden and horrific tragedies. Of course, some may be changed in significant ways by tragic events, such as 9/11, but we are not permanently damaged by them. Humans are amazingly resilient. As you face the first anniversary of this attack, the most important thing you can do is to respect and acknowledge your own feelings and those of others. Coping means finding ways to deal with these emotions productively. Here are some suggestions for coping with anniversary reactions:

- Talk with friends and family about how you are feeling. Listen to the feelings of others.
- Watch television memorial coverage with people you care about. If the coverage is too distressing, turn off the TV.
- Take care of yourself by getting sufficient sleep and exercise, and by eating regular meals.
- Reduce stress by exercising, yoga, listening to music, or engaging in any activity that you enjoy.
- Maintain your normal routine.
- Draw on your religious traditions for strength.
- Don't numb your feelings with alcohol or drugs.

Remember that the emotions that have resurfaced are normal, and that they will likely pass in a few days.

Participate in memorial events as part of the IIT Community.

If you continue to have disturbing feelings a few weeks after September 11 and they interfere with your relationships and daily activities, consult a medical or mental health professional. IIT students may contact the Counseling Center at (312) 567-7125. Staff or faculty may also call the Counseling Center for a one or two-session consultation.

The IIT community, led by the Office of Campus Ministry, is organizing a day of memorial activities to remember those who died and those who performed heroic acts. Anniversary activities are scheduled in the HUB from the evening of September 10th, 2002 through the evening of September 11th, 2002.

"Taken from material by the American Psychiatric Association with some additions.

IT Remembers 9/11

Eric Schmister
Submission

The IIT community will commemorate the one-year anniversary of the September 11 terrorist attacks with events this week.

On Tuesday, September 10, students, faculty and staff can join a candlelight gathering on the Quad at 7:00 p.m. At that time the HUB Ballroom will be open for people to look at a display of images and words from last September 11 and responses from the IIT community.

The display in the HUB will be open for 24 hours and students are welcome to spend time in the Ballroom area looking at the display, gathering in the Herman Lounge or watching related videos in the Alumni Lounge. There will be an open mike in the new coffeehouse in the HUB beginning at 9:00 on Tuesday night.

On Wednesday morning, September 11, classes will be suspended for one hour from 9:00-10:00 a.m. President Lew Collins invites the IIT community to a gathering and moment of silence in Man-on-the-Bench Yacht at 9:15 that morning. The moment of silence will take place at 9:29 a.m., coinciding with the one-year anniversary of the collapse of the second tower at the World Trade Center.

Students, faculty and staff are welcome to contribute materials to the HUB Ballroom display. Those with photos, artwork, poems or other pieces may bring them to the HUB office on Tuesday. For more information contact Mary Taylor-Blasi (taylorb@iit.edu) or Eric Schwister (schwister@iit.edu).

On Deck pitch

Wednesday September 11

9:15 a.m. Gathering at the Man-on-the-Bench Park

12:00 p.m. ATE Meeting

CBE Office

9:15 p.m. 9/11 Research Meeting

HUB
vance for any shortcomings we may have had in our coverage. Our ethical codes prevent us from revealing privileged information, which you might need to have some closure for your grief.

Undoubtedly, some of us will experience another kind of grief during this coming week. This Wednesday will mark the anniversary of 9/11 one year ago. The university has organized a memorial service and a candle light vigil on this date. This will be a time for reflection and mourning for those who died courageously. This will also be a time for all of us to take more action, to be more involved, and to become more of a community. We cannot sit idle and complain about our situations when we are not willing to take action to change them.

It is my challenge to you to become more involved on campus during your college career. It is up to all of us to help shape our community, starting with one action at a time.

Sincerely,

Nhat Nguyen

-----

TechNews
founded 1897

rhatnguyen editor-in-chief

thomas dsilva news & features editor
albert choi arts & entertainment editor
be announced sports editor
erin george copy editor
steven chen photo editor
mike miller layout editor
sarah halbert associate layout editor
abby krug web developer

steve peters business manager
santhosh meleppuram advertisement manager
sarn purdy distribution manager
scott peters advisor

GENERAL
TechNews is written, managed, and edited by the students of, and funded in part by, the Illinois Institute of Technology. The material herein does not necessarily reflect the opinions of the Illinois Institute of Technology or the editors, staff, and advisors of TechNews. There will be no censorship of TechNews publication by the faculty, staff, or IIT. Such authority and responsibility for publication and adherence to the values set forth in this policy rests with the TechNews staff. This paper seeks to bring together the various age-eants of the IIT community and strives through balance and content to achieve a position of respect and excellence. TechNews strives for professionalism with due respect to the intellectual values of the university and its community. All material submitted becomes the property of TechNews, and is subject to any editorial decisions deemed necessary.

EDITORIAL POLICY
The editors reserve the right to determine if submitted material meets TechNews' policy and standards. When possible, writers will be contacted concerning any revisions made to their articles. This is only a courtesy, and writers of unsolicited material may not be consulted. Writers of unsolicited articles will not be paid, even if the material is published.

ANNOUNCEMENTS
The Announcements and News Briefs contain all items that TechNews finds cannot be turned into complete articles, and any announcements that anyone may have. To place anything into this portion of the newspaper, e-mail the News Editor at technews@iit.edu. While every effort will be made to include every submission, not everyone can always be accommodated.

LETTERS-TO-THE-EDITOR
Letters-to-the-editor may be submitted by anyone, but are subject to review by the editor-in-chief. All letters-to-the-editor become the property of TechNews once they are submitted. The writer of a letter to the editor must type and sign his name (unless the letter is unsigned) and leave a phone number or e-mail address where he can be contacted for verification purposes. Letters must not be longer than 500 words. TechNews does not accept or publish anonymous letters.

ADVERTISING
Legitimate paid advertisements, from within or outside the IIT community, which serve to produce income for the paper, are encouraged. TechNews holds the right to deem any advertisement unsuitable for publication. Rate sheets are available upon request. Ad space is limited and it runs on a first-come, first-served basis. Contact the advertising manager at technews@iit.edu

SUBMISSION
TechNews is published on the Monday of each week of the academic year. Deadline for all submissions, announcements, and ads is 5 p.m. on the Wednesday prior to publication. Articles must be submitted electronically in ASCII (txt) or Microsoft Word format. Unless otherwise stated, all submissions must be emailed to technews@iit.edu

LOCATION
The TechNews office is located in the Student Organization Center in Hermann Hall. Address: Illinois Institute of Technology, TechNews, Herman Hall 7241, South Federal, Chicago, IL 60616. Phone: (312) 567-3085. Fax: (312) 567-3278. E-mail: technews@iit.edu
Body Found On Glancy Field

Anupama Topgi and Shivani Shah

Wednesday, August 28th at approximately 7 am, a passerby discovered the corpse of an African American male on Glancy Field, directly east of Keating Gym. The victim, who was not associated with Illinois Tech, was tall, had a 5’4”, 140-pound build in his late 20s or early 30s. The passerby called 911, and Public Safety was also notified. The Medical Examiner’s office pronounced the victim’s death. The Chicago Police Department is currently investigating the incident.

According to Richard Cohen, Director of Public Safety, the victim was shot in the leg and once inside. Cohen also stated, “the crime scene had some characteristics that were indicative of drug-related activity.” Key evidence of drug-related activity includes the fact that the shoes and socks of the victim were removed - a typical location to store money or drugs. In addition, the victim’s valuables still remained on his body, indicating that the crime was not money-related. It has not been determined why the victim was near Keating Gym as it is an open, accessible field.

Cohen believes the incident “is not anything to be concerned about.” Both Cohen and David Baker, Vice President of External Affairs, feel that there is no need to be hypersensitive and advise the Illinois Tech community to exercise caution and care and follow a common sense approach. There is a lot of redeployment around Illinois Tech that will increase the safety of our community. The projects are being torn down in the south. Also, south of 36th Street, they will be building a multicultural home. These should have a positive effect on our community,” informs Baker.

There are many ways to help prevent such incidents. Night walks aren’t across north of 30th Street and east of 35th Street. The area east of the campus is safe. Many students rush to the lake on 30th Street. This is safe during the day time. Do not walk around campus from 12am to 5am. If it is necessary to travel during these hours call Public Safety for an escort. Public Safety will basically give you escorts anywhere anytime. Do not ride the ‘L’ at night. “From 2am to 4am, Public Safety will not be parked on the front of the ‘L’ because they think students should not use the ‘L’ at this time,” states Baker. A pamphlet is available describing what precautions should be taken when leaving campus in the Dispatch Center on the first floor of the Farr Hall.

In case of an emergency, call, 312-808-6363. For non-emergencies, call, 312-808-6300.

Is this the Circus or is it the Student Expo?

Ronak Lakhia
Technique Writer

A talented stills man comes up behind you, taps you on the shoulder and hands you a balloon heart. The brilliant lady miraculously creates your caricature in minutes and the tarot card reader tells you that you will meet your soul mate at the age of 25. Sound like a trip to the circus or carnivale? Actually all of these entertaining individuals brought life and laughter to Illinois Tech on Friday, August 30th at the annual Student Expo held in the HUB Ballroom from 6-8 pm. This was the first time that such performances were brought in, and indeed there was a very positive response by students.

This event, traditionally allows student organizations to advertise themselves and recruit new members. It helps new students meet people and get involved in various student organizations. Some of the different types of organizations on campus are: The Rock, which seeks to promote rock climbing on an after activity, the Indian Student’s Association (ISA) which promotes the uniqueness of the Indian campus to Illinois Tech, the National Society of Black Engineers (NSBE) whose mission is to increase the number of culturally responsible black engineers, and Shoes, which gives free dancing lessons to students.

Every group had creative ways to advertise. WILT, the school radio station, played music throughout the Expo and brought in television and video games for students to play. The architectural organization, Architects, gave away free t-shirts. There is something for everyone at Illinois Tech, and if you missed the Expo you can always check out all of the different organizations at: http://www.iit.edu/~hub/student_activities/student_activities.html.

One of the added elements of entertainment this year at the Student Organization Expo was a man on stilts. From high above the student population, he got a great view of the crowds and everything the student organizations had to offer.

If you would like to have your event appear in this calendar, please send an email to technews@iit.edu or fax a request to 312-567-3278.
Tragedy: No other word suffices. That one barely does the job. When someone so young is taken so early, it's shocking. All of us have run through a gambit of emotions during this past week.

Kevin O'Mara, a 23-year-old junior in the Computer Engineering department, died of an apparent suicide early on the morning of Tuesday, September 3rd. O'Mara was prior enlisted Navy and involved in the NROTC program at IIT. His body was discovered by a staff member around 2 p.m. in a janitor's closet in the McCormick Student Residence Hall.

While the email went out to the IIT community formally announcing the tragedy provided the basic information about O'Mara and his death, it did nothing to explain the innumerable questions, and the unbelievable grief, that struck the campus. Students have spent this week wandering the halls wide eyed in disbelief. The biggest question on most students' minds is why. While O'Mara did leave behind a note, no reason could ever be enough to warrant the ending of a person's life. The details of Kevin's reasons are confidential, he for obvious reasons. While it may be frustrating to leave many questions unanswered, no answer could end the grief.

Kevin Yoken, Director of the Counseling Center commented that "In general after a suicide, people experience a lot of different emotions and different people have different feelings. All feelings are natural and none are wrong—they just occur because we are human. The feelings also come and go over time, sometimes weeks or months later. We always encourage people to be extra patient with themselves and others, to continue their daily activities, and to find a balance that's right for them in being with other people, experiencing their thoughts and feelings, and finding time for things that are relaxing and enjoyable."

The Counseling Center offers their help to Kevin's friends as they try to work their way through this tragedy. Director Yoken adds, "The Counseling Center is a primary resource on campus for people who are feeling depressed, suicidal, or concerned about a friend or student who may be having personal difficulties. The staff are doctoral level psychologists and a psychiatry with training and experience in helping with a large variety of problems—from study skills to stress management to treatment for serious and risky conditions. Other resources on campus include the Student Health Center, Campus Ministry, Residence Life, and the Office of Student Affairs."

If there's anything we can learn from this tragedy, it's not to ignore the symptoms of depression. Get help. Don't give up. Contact the Counseling center at 608-7192; or, in the case of an emergency, walk into their offices on the first floor of Farr Hall.

O'Mara's funeral will be held in California where his family resides. A memorial is being organized to remember him. The date and time have yet to be determined, but will most likely be the end of this week or sometime next week.

Now I Am

I'm angry and upset and frustrated and empty and sad and confused and I want to throw something...at you...at me...at the wall...

You gave up...you left...you ran away...

I'm dropping my stuff on the floor...I'm running to find a friend...

I'm awake wishing I was sleeping. I'm sleeping...if only I could just wake up...

And there you are...in your green "Get Lucky" shirt.

You haven't shaved 'cuz it's not Thursday yet.

You give me your goofy grin and ask how things are going.

I ask why you haven't gotten some better glasses yet.

I don't...kinda like these ones.

Her room full of books...books you were going to read...languages you were gonna learn.

You were gonna teach me Lao.

You were gonna show me your room and invite me to parties.

You were gonna help me find a new computer.

You were gonna be here. I never thought you wouldn't.

I'm mad at you.

How could you hurt me...how could you hurt her.

How could you just give up over problems that could've been fixed.

You were too young...Even though I called you old. Too young for this.

Didn't you know?

Didn't you realize?

All those people who cared.

All of us, who miss you.

All of us who would give anything to rekindle.

Didn't you know how much you meant to us?

Didn't you realize we'd leave us with this hole?

Didn't you see the lives you touched?

Didn't we tell you?

We should've told you then.

But we're telling you now.

I'm telling you now.

There's only one Kevin O'Mara.

We'll never be the same.
Recognizing the Signs of Depression

Erin George
Tech News Writer

Understanding depression, how to recognize it in others and ourselves, and how to deal with it can be an invaluable tool to the ITT community, especially at such a stressful time. Perhaps in understanding depression, we can better address and understand the feelings we all are experiencing.

The National Institute of Mental Health provides an excellent resource in understanding depression.

Symptoms of Depression

- Persistent sad, anxious, or "empty" mood
- Feelings of hopelessness, pessimism
- Feelings of guilt, worthlessness, helplessness
- Loss of interest or pleasure in hobbies and activities that were once enjoyed, including sex
- Decreased energy, fatigue, being "slowed down"
- Difficulty concentrating, remembering, making decisions
- Insomnia, early-morning awakening, or oversleeping
- Appetite and/or weight loss or overeating and weight gain
- Thoughts of death or suicide, suicide attempts
- Restlessness, irritability
- Persistent physical symptoms that do not respond to treatment, such as headaches, digestive disorders, and chronic pain

Causes of Depression

Depression can have many causes. Some types of depression run in families, which might suggest a genetic factor. Not everyone who is depressed shares the same vulnerability to depression as the illness, however. Additional factors such as stress at work, home, or school are often involved in the onset. Those with low self-esteem, those who are pessimistic, and those who are easily overwhelmed by stress are prone to depression. Any stressful change in life patterns, whether desired or unwelcome, can cause depression to occur.

Most often, depression is a combination of many factors. A person with a depressive disorder can enter into depressive bouts with little or no added stress at all. Depression in men is often difficult to diagnose. Often masked by alcoholism or drugs. On working long hours, male depression often reveals itself as irritability, anger, and discouragement. Men are less willing to seek help than women, but encouragement and support from a concerned family member can make a difference.

Dealing With Depression

Depression leaves a person feeling exhausted, worthless, helpless, and hopeless. These negative thoughts and feelings can make a person feel like giving up. The most important thing to do is to realize these negative views are part of depression, and do not accurately depict the situation. With treatment, negative thinking fades. In the meantime, the NIMH suggests you:

- Set realistic goals in light of the depression and assume a reasonable amount of responsibility.
- Break large tasks into small ones, set some priorities, and do what you can as you can.
- Try to be with other people and to confide in someone; it is usually better than being alone and secretive.
- Participate in activities that may make you feel better.
- Mild exercise, going to a movie, a ballgame, or participating in religious, social, or other activities may help.
- Expect your mood to improve gradually; not immediately. Feeling better takes time.
- It is advisable to postpone important decisions until the depression has lifted. Before deciding to make a significant change—job, marriage, or divorce—discuss it with others who know you well and have a more objective view of your situation.
- People rarely "snap out" of a depression, but they can feel a little better day-by-day.
- Remember, positive thinking will replace the negative thinking that is part of the depression and will disappear as your depression responds to treatment.
- Let your family and friends help you.
- How Can I Help My Friends?

The most important thing anyone can do is offer support and point him or her toward appropriate treatment. The Counseling Center provides free counseling services to the entire ITT community. Encouraging your friend to seek help is very important. You can even offer to accompany them to their first appointment. Accepting help is never easy, nor is admitting you need it. Make sure to give your friend support and assure them there is nothing wrong with seeking help. Emotional support is key, but never easy. Understanding, patience, affection, and encouragement, paired with engaging conversation and good listening can offer your friend the support they need. NIMH suggests, "Do not disparage feelings expressed, but point out realities and offer hope. Do not ignore remarks about suicide. Report them to the depressed person's therapist."

The Good News?

With treatment, most people do come out of depression. There is hope. Seek treatment and be a good friend. Most of all, do not give up. No matter how bad it gets, things always get better. If you are feeling depressed, don't suffer on your own. Talk to a friend; seek help. If you'd like to talk to a counselor, contact the Counseling Center at 668-2122. For big problems, you can walk into their offices on the first floor of Foster Hall.

All information taken from the National Institute of Mental Health pamphlet, "Depression," located at http://www.nimh

BROWN AND THE SCHOLARSHIP

I thought for sure I'd get a scholarship. But when I didn't, Brown was there for me. I didn't have to give up my dream of going to college because with UPS I can get as much as $22,000 in college financial assistance. UPS knows how important a college education is.

WHAT CAN BROWN DO FOR YOU?™

To inquire about part-time Package Handler opportunities at Hodgkins, Addison, Northbrook, Palatine and Jefferson St. (Gometown Chicago) facilities, please call:

1-888-4UPS-JOB • Access Code: 4415
(F also service telefonico está disponible en español)

www.upsjobs.com/chicago

Part-Time Package Handlers enjoy weekends & holidays off, earn great pay, get as much as $22,000 in college financial assistance through the UPS Earn & Learn Program, receive outstanding benefits (medical/dental/life, 401k) and much more! Equal Opportunity Employer
Penang

Penang is located in Chinatown and can be easily reached by the L. If you haven't tried Malaysian food, this is a nice place to start. The atmosphere is cozy, and the waiters are friendly.

In Penang, you can find both spicy Indian style food or you can always request to have a dish prepared without the spicy flavor as well. You also may want to have some idea as to what is good (maybe you could talk to your Malaysian friends) before trying to be adventurous. If you insist on being adventurous, you just may be surprised, and not so pleasantly!

The best part of Penang is their appetizers. Try the Penang Satay chicken/beef/tofu (marinated meat or tofu on skewers served with peanut sauce), and Roti Telur (a traditional Indian pancake filled with egg and green chilies, served with curry chicken potato and coconut sauce). For fruit lovers, try the Penang Roiak, (fruit salad served with special chutney). The appetizers are not very troublesome; most of them are quite good. The trouble comes with the entrée, which is why I strongly recommend a Malaysian friend (or someone that knows about Malaysian food).

What's for dessert? Peanut pancake is an all time favorite, among others like Bobo Cha Cha potato and Yam (fried noodle entrée are Penang Char Kway Teow, Mee Goreng and Beef Chow Fun. Kari Ayam, Mango chicken and Ayam Redang are very good chicken entrées. The beef and lamb Redang are also good. A traditional Malaysian fish entrée is Pangan Ikan (BBQ fish wrapped in banana leaf). If you have a craving for seafood, you must try the jumbo shrimp deep fried with coconut butter. For people with an aversion to seafood, crispy golden fried squid might be a temptation. They have a reasonable selection of vegetarian dishes. The Kang Kung Belacan, Lady finger Belacan, and Kacang Pender Belacan are among my favorites.

What's for dessert? Peanut Pancake is an all time favorite, among others like Bobo Cha Cha potato and Yam (fried noodle entrée are Penang Char Kway Teow, Mee Goreng and Beef Chow Fun. Kari Ayam, Mango chicken and Ayam Redang are very good chicken entrées. The beef and lamb Redang are also good. A traditional Malaysian fish entrée is Pangan Ikan (BBQ fish wrapped in banana leaf). If you have a craving for seafood, you must try the jumbo shrimp deep fried with coconut butter. For people with an aversion to seafood, crispy golden fried squid might be a temptation. They have a reasonable selection of vegetarian dishes. The Kang Kung Belacan, Lady finger Belacan, and Kacang Pender Belacan are among my favorites.

The Best Albums of the Summer

5. Eminem - The Eminem Show

Whether or not you hate Marshall Mathers and his world view is irrelevant. His internal rhyming and impeccable flow demand respect, but what many people don't realize is that his lyrics function more as literature than anything else — vicious, funny, intelligent, and thought-provoking. His various alter-egos serve as multiple unreliable narrators trying to make sense of an insane and cruel world. His albums are notable for taking events and people from his real life and filtering them through azarre, entertaining lens. This isn't Eminem's best album, but it's still on par with the best rap releases made.

Highlights: Cleanin Out My Closet, Hailie's Song, My Dad's Gone Crazy.

4. El-P - Fantastic Damage

By now El-P has earned Underground Legend status in the hip-hop world, for good reason. His rapping skills are well known, but his style shines is production and lyrics. The production is futuristic, and the closest thing to compare it to would be if Trent Reznor started making rap songs. As for the lyrics, it's not a concept album as much as it is a universe. It takes a few listens to realize what he's rapping about: standing inside a wrecked future while looking back at the past, trying to figure out what went wrong.

Highlights: Squeezee Man, Shooting, Stepfather Factory, T.O.J.

3. DJ Shadow - The Private Press

DJ Shadow isn't a DJ in the traditional sense, so don't think of candy raver kids overdosing on ecstasy. He's more in line with PJ O'Kane and Paul Oakenfold. He works mostly on a laptop, using old obscure records to make startling instrumental hip-hop excursions. "Six Days" would sound like a Nina Simone song, except for the spastic marching drums; "You Can't Go Home Again" takes a guitar from a Simon and Garfunkel song and turns it into an amazing techno song; but the true standout is "Blood On The Motorway," which somehow takes 80's metal ballads and actually makes them sound cool. What the...?

Highlights: Six Days, You Can't Go Home Again, Blood On The Motorway.

2. Flaming Lips - Yoshimi Battles the Pink Robots

Somewhere along the line, this band went from being weird psychedelic rock to some weird hybrid of psychedelic electronics/folk/rock. I don't know. Whatever this music is, it's some of the best that's come out in recent years. Switching beats and computer glitches collide with acoustic guitars to form melodic, catchy pop songs. Half of the album is apparently about a Japanese woman saving the world from killer feminine robots. The other half seems to be a philosophical meditation on death and growing old. Hey, I told you it was weird.

Highlights: Fight Test, Yoshimi Battles the Pink Robots Part 1, One More Robot.

1. Wilco - Yankee Hotel Foxtrot

What can I say? Wilco is the definitely one of the best bands working today. If you haven't heard their new album, buy it or download it or do whatever you have to do. I won't even bother describing the album, since I wouldn't be able to do it justice.

Highlights: Everything
Sign up for AT&T Local Phone Service and receive a $25 BILL CREDIT.

Live off-campus and need local phone service? Call AT&T at 1-866-257-2408, ext. 27319 to establish AT&T Local Phone Service. And ask how to get your $25 BILL CREDIT!

Already have local phone service? Switch to AT&T and you won’t even have to change your phone number!

1-866-257-2408

AT&T College Communications
your choice your world your voice

Local Phone Service   Long Distance   Calling Features

TRAVEL

SPRING BREAK 2003
Travel With SIT Americas! 41 Student Tour Operators. Jamaica, Cancun, Aruba, Baja, Florida, and Marbella. Travel Free! Reservations: 1-888-643-8336 or www.sittravel.com

**ACT NOW! Guarantee the best spring break prices! South Padre, Cancun, Jamaica, Baja, Aruba, Florida & Marbella. TRAVEL FREE! Reservations: 1-888-643-8336 or www.sittravel.com

HELP WANTED

START YOUR OWN EXTERIOR! Zeta Beta Tau is looking for men to start a new chapter. If you are interested in academic success, a chance to network, and an opportunity to make friends in a non-pledging brotherhood, email zbetatechnical@gmail.com or call (804) 31-9674.

PLACE YOUR AD HERE!!
New discounted classified rate for IIT students with valid IIT ID: ONLY $2 PER ISSUE FOR A MINIMUM OF 4 ISSUES. For more information, Email: TechNewsAds@iit.edu
Preseason Race Shows Off New Talent

Lauren Raetz
TechNews Writer

Under the blistering heat of the midday sun, the IIT cross-country team got its first taste of competition for the season at the Earlybird Invitational at Elmhurst College. IIT finished 16th out of 20 teams in both the men’s and women’s races. Individual finishes, however, show some promising new talent for both the men’s and women’s teams, as well as some solid veteran finishers.

Leading the women’s team once again was fourth-year runner Anya Fiechtl, finishing 71 out of 227 runners with a time of 13:32 for two miles. Other top finishers for the girls were freshman Melissa Scoggin at 14:10, Kim Smith at 14:19, Lauren Raetz at 14:29 and Sarah Roadbush at 15:02. The winner of the women’s race came from host school Elmhurst College, and finished at a time of 11:39.

Seth Carpenter led the way for the IIT men’s team in this, his first meet as a collegiate athlete. He finished in 66th place out of 207 runners with a time of 17:46 for three miles. Also scoring for the IIT men’s team was Wendell Himes, finishing with a time of 18:54, followed closely by freshman runner Doug Mayor at 18:55, veteran Mark Thomas at 19:20, and freshman Jared Gardner at 19:58. The winning time for the men’s race was 15:43.

While this race was more of a preseason race, the next race at North Central is getting down to business, as both teams will be racing their official season distance of 5K (3.1 miles) for women and 8K (almost 5 miles) for men. Good luck to the Scarlet Hawks Cross-Country teams as they take on their season.

Illinois Tech Women’s Volleyball - 2002 Results

<table>
<thead>
<tr>
<th>Thursday</th>
<th>29-August</th>
<th>Calumet College</th>
<th>Home</th>
<th>Won</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday</td>
<td>3-September</td>
<td>Aurora University</td>
<td>Home</td>
<td>Won</td>
</tr>
</tbody>
</table>

Volleyball Schedule for the Week of September 9

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Opponent</th>
<th>Venue</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday</td>
<td>10-September</td>
<td>Judson College</td>
<td>Home</td>
<td>7:30 PM</td>
</tr>
<tr>
<td>Saturday</td>
<td>14 September</td>
<td>St. Ambrose &amp; North Park</td>
<td>Home</td>
<td>7:30 PM</td>
</tr>
<tr>
<td>Tuesday</td>
<td>17 September</td>
<td>Trinity International</td>
<td>Away</td>
<td>7:30 PM</td>
</tr>
</tbody>
</table>