The family disease, Alcoholism in families

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Pitner Breaks the Silence

Keith Pitner, the General Manager of the Food Service in Hermann Hall declined an interview regarding withheld information and the accusations since, but agreed to answer questions over e-mail.

Sobhan D'Souza (SD): Why did you not mention the rodent and insect infestation highlighted by the Department of Health, in either the e-mail message or the interview?

Keith Pitner (KP): As Paul Terzino, Director of The Hub, explained we feel that this was an isolated incident and we did not want to alarm anyone. We have increased the number of times C&C Pest control inspects the building. We are working more closely with them to ensure that this remains an isolated incident.

SD: Were any areas already in place to combat rodent and insect infestation in the kitchen and serving areas? If so, why were they allowed to deteriorate? If not, why not?

KP: As mentioned previously, the HUB contracts with C&C Pest Control Company. The company does a weekly inspection of the building and places traps in the building where they see activity. Their inspections are not limited to the cafeteria kitchen or serving area. We relied on C&C to give us accurate reports and believed they were keeping us accurately informed. We have since requested a new person to inspect our location and we will also be walking with C&C weekly to make sure that we stay on top of the situation.

SD: Has any disciplinary action been taken against employees whose actions have contributed to the cause of the shutdown? For example, the staff member who was not wearing the hair net?

KP: Yes. For confidential reasons I cannot discuss what actions were taken.

SD: What measures are now being taken to address the issues that led to the shutdown?

KP: As mentioned previously we are working more closely with C&C Pest Control. Sodexo has also added more man hours to ensure that daily and weekly cleaning tasks are completed more often. We submitted our cleaning schedule that was in place prior to this incident, to the DOH and they have approved it. In addition to that schedule we have increased the number of times daily that the staff is responsible for doing extra cleaning.

SD: What future protocols will be enforced to ensure the maintenance of the cafeteria facilities, and to prevent incidents of this sort in the future?

KP: As mentioned earlier, both the HUB staff represented by Paul Terzino, and myself for Sodexo, will be working more closely with C&C Pest Control. In addition Paul and myself with the assistance of Anne Marquardt, Associate Director of Housing, will be doing regular walk throughs with facilities to inspect the premises to ensure that all building maintenance up to standard and when areas need to be repaired that the work is done immediately.

Study Abroad, Get a Global Perspective

Att Vora News Writer

Studying abroad has been a defining moment in many students' educations that has changed their lives. Nothing will be quite the same after the study abroad program. Student perspectives will be global, and students will be international and students will have memories that they will carry forever.

Studying abroad will add something unique to a resume. In some cases, it develops further language proficiency, and provides opportunities for lifelong friendships.

The major misconception that prevents students from participating in a study abroad is its perceived inaccessibility. Students who studied abroad are often amazed at how easy it was to put the whole thing together. Financial aid is available, every major field of study can participate, and study abroad is an opportunity available to every student. It does not matter if a student is an international student or a US citizen; it is possible for everyone to participate in the study abroad program offered by Illinois Tech.

Lori Friedman, International Student Advisor in the International Center said, “The International Center is working on setting up a study abroad booth to give students a better idea about the program.” The tentative dates for the booth launch are November 15th and 16th in the Hermann Union Building. The study abroad program at Illinois Tech is quite flexible in allowing students to choose the Universities they would like to pursue their education in.

Friedman stated, “The website is an exponential process. At Illinois Tech study abroad is an opportunity available to every student. It does not matter if a student is an international student or a US citizen; it is possible for everyone to participate in the study abroad program offered by Illinois Tech.”

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The family disease, alcoholism in families

Counseling and Health Services
Article Submission

The Counseling and Health Services co-sponsored National Alcohol Awareness Week, October 29-November 2, 2001. This will be a week filled with guest speakers, informational sessions, and workshops all related to alcohol awareness. Come and learn about the affects of alcohol on athletes, or speculate what it feels like to be a drunk driver.

Did you know that...
- Actress Drew Barrymore grew up in an alcoholic home?
- Children of alcoholics are 4 times as likely to become alcoholics themselves than other children?
- About 43% of all adults in the U.S. have had a parent, child, partner or sibling who is or was an alcoholic?
- An estimated 6 million children under the age of 18 live in a household where at least one parent is an alcoholic.

What is alcoholism?

Also known as alcohol dependence, alcoholism usually consists of the following four symptoms: 1) cravings, a strong need or compulsion to drink, 2) loss of control, an inability to stop drinking once it has begun, 3) physical dependence, symptoms of withdrawal such as nausea and shaking if the alcohol intake is abruptly stopped, and 4) tolerance, an increase in the amount of alcohol needed to achieve the same effect. Often times, the individual’s drinking may interfere with their being able to fulfill family, work or school responsibilities.

Contrary to popular belief, alcoholism is not a lifestyle choice or a weakness, but a disease. As a disease, alcoholism is chronic and progressive, and is influenced by both genetic and environmental factors. This means that while alcoholism does tend to run in families, environmental factors such as peer pressure also play a significant role in whether an individual will ever develop alcoholism. But just because a person has both genetic and environmental risk factors does not guarantee that the person will become an alcoholic. Similarly, it is entirely possible for a person with no genetic history of alcoholism and minimal environmental influences to become an alcoholic.

What does an individual’s problem have to do with the whole family?

Alcoholism affects not only the individual with the problem but every other member of the family as well. Such as the alcoholic individual’s partner and children. Accordingly, alcoholism is also known as the family disease.

Effect of alcoholism upon the addicted individual are fairly visible to those around the person. Some of these effects include an inability to manage work or home responsibilities, recurring alcohol-related legal problems, and decreased sexual functioning and physical health. Alcoholic partners are more likely to be non-alcoholic partners to be emotionally and/or physically abusive toward their partners and children.

The partner of an alcoholic also has to deal with a wide range of stresses related to a partner’s addiction. Claudia Black, a leading author regarding Adult Children, suggests that children in alcoholic families learn early on not to trust, feel, or talk. Because of these early messages, adult children may experience feelings of isolation, have difficulties expressing feelings and may judge themselves harshly.

There is hope.

Alcoholism is a disease that can be treated and recovered from. This may involve the alcoholic being admitted into an inpatient rehabilitation program, joining a support group such as Alcoholics Anonymous, or entering into counseling. Because alcoholism is a family disease, other family members of the alcoholic may also need to enter the disease, and can similarly benefit from self-help groups or through counseling. In fact there are several support groups and organizations devoted specifically to helping the family of alcoholics where family members discuss and learn about their specific role in the alcoholic family, and that they are not responsible for another person’s drinking. Additionally, family members can recover from alcoholism regardless of whether or not the alcoholic member is still drinking.

The Counseling and Health Service at TJT serves all students and is open Monday through Friday, from 9:00 a.m. to 5:00 p.m. Please call 808-7100 or stop by on the first floor of Farr Hall for information or to schedule an initial appointment.

Additional resources on the topic are:

All information in this article was taken from: www.alcohol.about.com

Important Facts:
- Children of alcoholics are 4 times as likely to become alcoholics themselves than other children.
- About 43% of all adults in the U.S. have had a parent, child, partner or sibling who is or was an alcoholic.
- An estimated 6.6 million children under the age of 18 live in a household where at least one parent is an alcoholic.
Artificial Intelligence. Those two words strike fear and wonder into me. I fear what we will do to any artificial being we call into being, yet I also feel the wonder of learning more about myself and humanity by exploring it.

Let’s face it, if we did create a “true” AI, we would most likely have it do all the tedious work that our brains do now. First we’d tell it to make programs within certain parameters, then devise an AI to come up with parameters, effectively letting us go on to art and music. After a while, we’d have it do that too, and so on. We’d be back and enjoy the show. I know I would like to have a program to generate a column ever week so I would not have to stress the deadlines. Laziness does reside in us. Fortunately, we also have a passion for certain tasks, each to their own, so we will find hobbies to keep ourselves occupied.

AI would give quite a bit of leverage into the online gaming community. If they devised sophisticated programs to play the role of NPCs (non-playable characters) then people would not have to be hired to come in and actually perform these tasks. In essence, this would make online gaming cheaper and without monthly payments. All that would be needed is a few servers, a hundred or so virtual AI junctions, and you’d have the game set. Just make certain you supply power and then work on the next project.

Then again, how do we justify ourselves in using AI to such trivial purposes? If we develop something that can learn, can communicate sophistically and is able to manipulate its environment (granted, it’s virtual, but so was the AI’s body) what right do we have to delete or enslave it? Enslavement would depend on how we program it, certainly, but where do we draw the line and say “it’s alive?” To find such answers, we would have to look at ourselves and figure out how we define ourselves. Indeed, to create an artificial intelligence to be made, we must first understand who we are and how we think. No simple task, indeed, humanity is still struggling to find the solution.

Lucky for us, these questions and issues probably will not confront us for a while, mostly because humanity will concern itself with making “artificial idiocy” rather than intelligence.
Arts and Entertainment
Restaurant Review:
HONG MIN RESTAURANT

RATINGS:
Food: *****
Service: ****
Atmosphere: ***
Value: ****
(Based on a 5 star scale)
Expect to pay (per person):
$8 - $12

SONAM D'SOUZA
Arts and Entertainment Writer

221 W. Cermak Rd
Chicago IL 60616

Hong Min Restaurant, with its bright red sign and its strategic location near the Chinatown Arch, stands out quite noticeably. It seems to be a popular dining location, judging by the large numbers of people walking in and out, even at 1:00 am. Yet, it is serene and ambient on the inside.

The restaurant consists of two dining rooms: one for smokers and one for non-smokers. The wall booths seats are deep maroon leather cushioned, while the others are woodwork, and the walls are lined with wood paneling. There are impressive chandeliers on the ceiling; the bulk of the lighting is provided by standard incandescent focus lamps. Perhaps as a consequence, it was rather warm in the restaurant. Then again, winter is also afoot. The service personnel were very courteous.

Food
Some cooked vegetarian food from South Indian family available for dinner. Please e-mail sonamdesouza@hotmail.com with interested menus. Food will be delivered in packs at the Commons from 5-6pm weekdays.

Fraternity
Start your own Fraternity! Zeta Beta Tau is looking for men to start a new chapter. If you are interested in academic success, a chance to network and an opportunity to make friends in a non-pledging brotherhood, e-mail zbetaternal.org or call 908-451-5674.

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Imagined chandeliers on the ceiling. Mongolia

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The service personnel were very courteous, accommodating, polite and helpful with the identification and description of the dishes. The menu was extensive, with a wide variety of appetizers, soups, main courses, and desserts.

There were numerous groups of young people dining in the room, even at such an unearthly hour of the night. It appeared to be a trendy sort of place. Or perhaps it was just good value, or perhaps both. After the tea, the first item on order to appear was the "Chicken Noodle Soup". The soup was a little thin but full of flavor, and the quantity of chicken and noodles was ample.

Soon after, a sumptuous-looking platter of the "Beef with Tomato" appeared. The chunks of meat were tender, and the sauce was thick and succulent, with savory gravy slathered over them, served in generous portions, along with a side of fluffy white rice. Hot pepper sauce was available for the satisfaction of diners with a hot tooth.

Hong Min appears to be a good place to take a group of friends or family, as well as to try out some new exotic cuisines. Their courteous service, style, and vast selection of delicacies are sure to keep you coming back for more.
CROSSTECH PUZZLE CLUES:
Sohan D'souza

ACROSS:
1. lavish display; remarkable sight
7. burial place
8. of the Middle Ages
9. large animal's mouth
10. reverse thrust rocket
12. turrett (Informal): not acidic or salt
14. to produce a discharge
19. short for alligator
20. target or goal
22. words of a song
23. techniques or craft
24. punch winning a boxing match
25. bracket fixing something to aircraft body

DOWN:
1. bacterium causing food poisoning (sounds like a freshwater fish)
2. Most populous American state
3. a dead body, especially dissected
4. private and personal
5. pain in the head
6. disadvantage
11. return of output; noise in loudspeaker
13. washroom
15. piece of metal money
16. raise up
17. choose by vote
18. colored drawing stick
21. break without coming fully apart

Solutions for last weeks puzzle
Illinois Tech upset by University of Chicago

The Hawks managed to lead every game, but unfortunately, allowed University of Chicago to get back into the game to win it in five games.

Although the game outcome was upsetting, the Hawks still managed to compile impressive statistics. Anya Keplar dashed out 47 assists, which allowed outside hitter Violetta Karp to rack up 16 kills and Jackie Baine to slam down 21 kills throughout the match. Serving was dominated by Shannon Kelly, who led the Hawks with 6 aces, and by Violetta Karp and Megan Bewigren, who respectively had 5 and 3 aces. The team came up with aggressive defensive digs and blocks, with Megan Bewigren, Violetta Karp, Shauntrel Kelly, and Amy Sokolowski digging in the double digits and with Jackie Baine leading the Hawks with 12 blocks.

Although the statistics appear as though the Hawks played an amazing and dominating game, they never stepped up to the challenge as they usually do, which resulted in a 5-1 game loss to University of Chicago and a 15-13 record. With the game behind them, the Scarlet Hawks geared up for an important conference match against Judson College Thursday, November 1st, which will have a dramatic impact on the conference standings and on who the Scarlet Hawks will play for the first round of playoffs that start this week.

Violetta Karp
TechNews Writer

Athlete of the Week
Any Fiechtl

Beulah Vaz
TechNews Writer

Fiechtl grew up in Fairbanks, Alaska and graduated from Lathrop High School. She was a member of the varsity cross-country team and also attempted cross-country skiing, Fiechtl was also a member of the symphonic/jazz band. Despite such a busy schedule she still averaged a 4.0 GPA all throughout high school and was a member of the National Honor Society.

Fiechtl came to Illinois Tech because of its reputation as a good architecture school. She also received a full tuition scholarship which further strengthened the decision to attend this institution. She has been a member of the Scarlet Hawks cross-country team since her sophomore year. Fiechtl says that she has become more aware of everything this year and has been avoiding injuries along with improving her timing. She says that the team is not at its strongest right now due to injuries, but is still hopeful about the regional meet.

Fiechtl is the oldest of three children and has two younger brothers; one is in college and the other in high school. She misses the beautiful outdoors of Alaska, but was happy to come to study in Chicago. She says it's a nice trade-off since she gets to see her family at Christmas and also goes home for the summers.

Fiechtl is undecided about her plans after graduation. She is considering working in her field. She hopes to continue taking part in city races and to run a marathon someday.

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<thead>
<tr>
<th>Volleyball Results</th>
<th>Scores</th>
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<tr>
<td>Illinois Tech Defeated Cardinal Stitch, Tuesday</td>
<td>30-21, 30-17, 26-30, 30-17</td>
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<tr>
<td>Quad Cities Tournament</td>
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<tr>
<td>Illinois Tech Lost to Grand View, IA</td>
<td>30-21, 24-30, 28-30, 30-23, 10-15</td>
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<tr>
<td>Illinois Tech Defeated Marycrest International, IA</td>
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